

需要携带的物品

这些物品必须有清晰的标记，并记录其序列号或可识别的特征。学校不承担任何损失或损坏的责任，并敦促您避免携带贵重物品，特别是大量的金钱。

<input type="checkbox"/> 个人服装包括POLO衫和衬衫	<input type="checkbox"/> 枕头和被子
<input type="checkbox"/> 睡衣/浴袍/洗漱用品	<input type="checkbox"/> 玩具熊（可选）
<input type="checkbox"/> 毛巾	<input type="checkbox"/> 洗手液
<input type="checkbox"/> 拖鞋或其它室内鞋	<input type="checkbox"/> 课后拓展活动用品
<input type="checkbox"/> 冬衣（休闲装）	<input type="checkbox"/> 体育服及相关用品
<input type="checkbox"/> 衣架	<input type="checkbox"/> 运动鞋（仅室内用）
<input type="checkbox"/> 文具	<input type="checkbox"/> 室外跑鞋
<input type="checkbox"/> 闹钟（可选）	<input type="checkbox"/> 水瓶
<input type="checkbox"/> 吹风机（可选）	<input type="checkbox"/> 泳衣（连体式）
<input type="checkbox"/> 冬季运动装备和服装	<input type="checkbox"/> 用于水上运动的毛巾
<input type="checkbox"/> 内衣裤（5套）	<input type="checkbox"/> 相关医疗证明文件
<input type="checkbox"/> 洗衣盆	<input type="checkbox"/> 两套床品
<input type="checkbox"/> 校服（包括正式校服和体育校服，分别两套）	

健康零食清单

<input type="checkbox"/> 干果	<input type="checkbox"/> 鲜榨果汁
<input type="checkbox"/> 坚果	<input type="checkbox"/> 烤蔬菜片
<input type="checkbox"/> 酸奶	<input type="checkbox"/> 全麦饼干
<input type="checkbox"/> 牛奶 包括不含乳制品的奶（如豆奶等）	<input type="checkbox"/> 海苔
<input type="checkbox"/> 新鲜水果（考虑到安全因素，尽量无需用刀）	<input type="checkbox"/> 肉干

请勿携带的物品

宠物

熨斗

刀具

电视

蜡烛

电加热工具

烹饪器具，咖啡机或冷冻设备

ITEMS AND WHAT TO BRING

These should be clearly marked and a record should be kept of the serial numbers or identifiable features of valuables. The school does not take responsibility for any loss or damage and you are urged to avoid bringing valuable items, especially substantial amounts of money.

<input type="checkbox"/> Personal casual clothing, to include smart casual items (polo shirt or shirts)	<input type="checkbox"/> Pillow and duvet
<input type="checkbox"/> Pajamas /Dressing gown	<input type="checkbox"/> Teddy bear (optional)
<input type="checkbox"/> Personal toiletries / Towels	<input type="checkbox"/> Hand-washing detergent
<input type="checkbox"/> House shoes (slippers or suitable indoor shoes)	<input type="checkbox"/> ECA items
<input type="checkbox"/> Winter coat (casual)	<input type="checkbox"/> Sports clothing and equipment
<input type="checkbox"/> Coat hangers	<input type="checkbox"/> Gym shoes (for indoors only)
<input type="checkbox"/> Classroom stationary	<input type="checkbox"/> Outdoor running shoes
<input type="checkbox"/> Alarm clock (optional)	<input type="checkbox"/> Water bottle
<input type="checkbox"/> Hair dryer (optional)	<input type="checkbox"/> Waterproof coat
<input type="checkbox"/> Winter sports equipment and clothing	<input type="checkbox"/> Water Sports Equipment
<input type="checkbox"/> Undergarments (5 sets)	<input type="checkbox"/> Documentation of any medical conditions
<input type="checkbox"/> Washing bowl	<input type="checkbox"/> 2 sets of bedding
<input type="checkbox"/> School uniform (2 sets, including formal & PE Kit)	

HEALTHY SNACKS LIST

<input type="checkbox"/> Dried fruit	<input type="checkbox"/> Fresh juice
<input type="checkbox"/> Nuts and seeds	<input type="checkbox"/> Baked vegetable chips
<input type="checkbox"/> Yogurt	<input type="checkbox"/> Whole grain crackers
<input type="checkbox"/> Milk Including dairy free milks	<input type="checkbox"/> Dried seaweed
<input type="checkbox"/> Fresh fruit (preferably that doesn't require a knife)	<input type="checkbox"/> Jerky

WHAT NOT TO BRING

Pets

Irons

Knife

Television

Candles

Electric heaters

Electrical cooking equipment, coffee machines or refrigeration devices